



CHRISTMAS POSITIVE REINFORCEMENT

Players: 2+ (the more, the better)

How to Play:

1. One player is selected to be the guesser and moves out of earshot while the remaining players determine an activity for the other player to complete.
2. The guesser returns to the other players.
3. The guesser moves around the room trying out different actions. The players clap when the guesser gets closer to completing the actions and stop clapping when the guesser is not close to the action.
4. Continue to provide positive reinforcement in the form of clapping until the action is complete.
5. After completing the action, the guesser selects someone new to be the guesser and a new activity is selected.

Activity ideas:

- Give a specific player a high five.
- Hang a candy cane from their left ear.
- Sit under the Christmas tree.
- Take off their right shoe.
- Turn on/off the lights on the tree.
- Hold an ornament from the tree and stand in tree pose.
- Eat a Christmas cookie.
- Do a pushup.
- Put a bow on their head.
- Sing "Jingle Bells."
- Do "The Macarena."
- Skate around the room in their socks.
- Move an ornament from the bottom of the tree to the top.

color me!